TABLE 3. Association between eating behavior (high frequency of snacking, eating quickly, eating when bored, and eating from big packages) and presence of high methylation levels (> median) of *CLOCK* CpG 1.

CLOCK CPG 1	OR (95% CI)	
High Methylated	Logistic regression	P value
Snacking frequency	12.96 (1.35-123.97)	0.026
Eat fast	3.46 (0.81-14.74)	0.08
Eat when bored	8.68 (1.73-43.59)	0.008
Eat from great packages	19.28 (2.52-147.48)	0.004