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Teaching and evaluation methods preferred by university students

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Abstract: Student preferences and expectations regarding university instruction are increasingly considered as quality indicators in higher education. In this study we investigate university students' expectations and preferences concerning the teaching process, and we perform a differential study based on variables pertaining to the individual student (gender and age) and to the teacher (gender). 249 students from the Faculty of Education at the University of Granada participated in this study. Expectations and preferences are measured using the USET questionnaire (Sander, Stevenson, King & Coates, 2000). Results show that students wish to play a more active role in their learning. The formal lecture is the method most expected, and at the same time, the one most rejected, by more than half the sample. Variables analysed show significant differences in several teaching and evaluation methods.

Keywords: Expectations, Teaching Methods, Evaluation, University

Expectations of University Teaching

OR SOME YEARS now, social changes, university classroom characteristics and the high rate of failure and attrition which are observed in university education have pointed to the need for reform and improvement in Higher Education. On one hand, Spanish universities are implementing initiatives for quality improvement, oriented mainly toward improvements in teaching and in preparation of teachers and students. On the other hand, joining the European Space for Higher Education (ESHE) is an effort towards renewal of theory and practice in the teaching-learning process. The new process is directly mainly toward getting the university student to learn how to learn.

This fact implies a redefinition of traditional roles assigned to teachers and students. The teacher must move from playing a vital role of transmitting content to occupy a more supervisory role, mediating and facilitating learning. The student must take on a more active role in his or her learning. The new conception of the teaching-learning process in higher education has been studied and formulated by several authors (Biggs, 2001; Entwistle, 2000; Vermetten, Vermunt & Lodewijks, 2002). Explanatory models and the theoretical framework they put forward are characterized mainly by studying the teaching-learning process from the perspective of the agents involved, that is, the teachers and the students. However, this research has paid little attention to student expectations.

Authors that have researched student expectations regarding the university in general, and regarding teaching in particular, express the need for and importance of understanding such expectations in order to improve the teaching-learning process (Darlaston-Jones, Pike, Cohen, Young, Haunold, & Drew 2003; De la Fuente, Justicia, Sander, Cano, Martínez & Pichardo, 2004a; De la Fuente, Justicia, Sander, Cano, Martínez & Pichardo, 2004b; James, 2001; Keogh & Stevenson, 2001; Sander et al., 2000; Sander, 2005).

Keith Stevenson at the University of Leicester and Paul Sander at the University of Wales Institute at Cardiff have studied expectations of university students from Psychology and Pedagogy. These researchers propose the *Expectation Led Planned Organisation (ELPO)* model. The ELPO model is used for designing teaching-learning programs based on student expectations. This model seeks to have teachers consider students' expectations before beginning the course, and to negotiate with them the most effective teaching-learning methods (Stevenson, Sander & Naylor, 1997). Authors of this model have constructed an instrument which allows for quick and easy information retrieval, namely, *University Students'* Expectations of Teaching (USET).

In this framework, the authors (Sander et al., 2000) defend that student expectations and preferences regarding instruction provide valuable information to institutions of higher education for two reasons:

 Students who are starting out may have unrealistic expectations as to the teaching they will re-



- ceive, implying a need to reorient expectations toward more realistic ideas which are in line with higher education.
- Based on an understanding of their students' expectations and preferences, teachers could provide a more effective and gratifying educational service for their students.

Studies regarding Expectations of Teaching

Research arising from postulates similar to those of the ELPO model have been essential descriptive in character (De la Fuente et al., 2004b; Keogh & Stevenson, 2001; Stevenson & Sander, 1998; Sander et al., 2000; Yanhong & Kaye, 1999), and have focused on relationships between expectations of teaching and certain contextual and academic variables such as nationality, the university, degree program or year of study (De la Fuente et al., 2004a). In this type of study there are few data about individual variables (such as gender and age) and their relationship to expectations of teaching.

In Spain, research led by De la Fuente (De la Fuente et al., 2004a and b) stems from postulates by Stevenson and Sander, and has analyzed expectations in samples of Spanish students (Psychology and Education programs at the Universities of Almeria and Granada) and British students (Psychology, Education and Medicine, at the Universities of Leigcs, Lough and UWIC, Wales). Data were obtained through the USET questionnaire. Conclusions indicate differences in expectations as a function of nationality and of the University in question.

Influence of student gender on teacher perceptions and expectations has already been investigated. Mc-Dowell and McDowell (1986) indicate that female students expect attentive teachers, with greater sensitivity and interest in the students, and who relate more closely to the students. Male students, by contrast, expect a more direct communicative style, expect to be criticized negatively, and that teachers will be impersonal and distant. Smith, Medendorp, Ranck, Morison and Kopfman (1994) conclude that female students are more sensitive to personal characteristics of teachers, while male students are more sensitive to the teacher's knowledge and sense of humor. Finally, we must consider that some research finds no differences in expectations as a function of student gender, but they highlight the importance of and need to continue analyzing the influence of the gender variable (Miles & Gonsalves, 2003). The present study, therefore, seeks to understand whether student gender does influence expectations regarding teachers and other variables in the teaching process (teaching and evaluation methods).

Other research has been interested in student expectations as a function of the teacher's gender, although these studies focus on teacher qualities and do not consider the effect of expectations on teaching

and evaluation methods. Thus, Ruzich (1995) concludes in her study that student expectations with regard to female and male teachers have hardly changed in recent years. Her results show that students expect female teachers to be more accessible, understanding, and permissive than male teachers. Elsewhere, Anderson and Miller (1997), cited in Chonko, Tanner and Davis (2003), demonstrate the need for continued research in this line of work, since different student expectations with regard to female and male teachers affect student responses.

Research reviewed is not in agreement as to the stability of expectations over time. While studies based on the ELPO model defend that expectations are stable, other studies indicate that the university experience influences and modifies expectations over time (Licata & Maxham, 1999). This study seeks to examine age differences and their relationship to expectations, for the purpose of contributing more evidence for stability of expectations.

It is important to understand student expectations and preferences in order to have influence on those that show resistance to change, or to modify those which are false and provoke dissatisfaction in students on account of the teaching they receive (Chonko et al., 2002, Stevenson et al., 1997; Sander et al., 2000 y Sander, 2005). It is equally important to determine whether variables such as age and gender influence expectations, so we can better understand characteristics of the variable under study (expectations) and contribute useful information toward its consideration and management.

Objectives

- Explore university students' expectations of teaching.
- Analyze the influence of personal student variables (gender and age) and a personal teacher variable (gender) on student expectations about teaching.

Participants

The sample was composed of 294 students in Education or Educational Psychology programs at the University of Granada. 78.9% (N=232) of the participants were women and the rest were men (21.1%; N=62). Age of participants ranged from 17 to 47 years, average age in the sample was 22 years (SD=4.25). 38.1% (N=112) of students were taught by a female teacher, while 61.9% (N=182) received instruction from a male teacher.

Instrument

The instrument used was the Cuestionario sobre las expectativas de enseñanza de los estudiantes uni-

versitarios (De la Fuente, Nievas & Rius, 2002), the Spanish version of the USET questionnaire (University Students' Expectations of Teaching, Sander et al., 2000). The questionnaire has an instruction page where participants' personal data are requested. The questionnaire contains three sections. Section A presents 9 possible teaching methods and their definition (annex), and students are asked to mark, from greater to lesser (3 to 1), the three most desirable methods, the three most expected methods, and the three least desirable. In Section B students must rate the three most effective evaluation methods,

using the same scoring system. In Section C students place in order, from greater to lesser importance (1 to 5), the four qualities they consider to be essential in a good teacher.

USET authors study validity using a correlation that contrasts desirable teaching methods with undesirable ones. The validity study for our data is shown in Table 1, where we present significant correlations that were found between desirable and undesirable teaching methods. It is easily observed that the most desirable teaching methods are those that least appear as undesirable.

Table1: Correlations between desirable and undesirable teaching methods (p<0.01:**; p<0.05:*)

Undesirable Desirable	Formal lecture	Inter-act-	Student- centered	Student	T. ar.	Tuto-ri- als	Group work	Pers. work	S. rol
Desirable	lecture	lecture	teaching	presenta- tions	group work	ais	WOIK	WOIK	play
Formal lecture	-0,5**								
Interactive lecture		-0,35**							
Student-centered teaching			-0,25**						
Student presentations				-0,22**					
Teaching around group work					-0,24**				
Tutorials						-0,19*			
Group work							-0,24**		
Private study								-0,32**	
Student role play									-0,33*

Results

Teaching Expectations and Preferences

After analyzing frequencies of the most desired, most expected and most rejected methods which were assigned first place in their category, we see that the most desired teaching methods are the interactive lecture, student-centered instruction, and group work.

Notwithstanding, most participants (60.2%) expect the formal lecture to be the method most used when a subject begins, followed by the interactive lecture and student-centered instruction. Teaching methods most rejected by participants are the formal lecture, student presentations and student role play. Finally, as for tutorials and private study, we can state that students neither expect these methods nor desire them, they rather reject them (Table 2).

Table2: Frequency of first-place responses in desired, expected and rejected forms of teaching.

Teaching Method	Desired (%)	Expected (%)	Rejected (%)
Interactive lecture	90 (30.6)	82 (27.8)	2 (0.7)
Student-centered teaching	80 (27.2)	12 (4.1)	5 (1.7)
Group work	57 (19.4)	8 (2.7)	5 (1.7)
Teaching around group work	20 (6.8)	5 (1.7)	10 (3.4)
Formal lecture	15 (4.9)	177 (60.2)	135 (50)
Private study	12 (4.4)	2 (0.7)	24 (8.2)
Student presentations	7 (2.4)	6 (2.5)	52 (17.7)
Tutorials	2 (0.7)	1 (0.3)	18 (6.1)
Student role play	6 (2)	0 (0)	37 (12.6)

Mean scores for desired, expected and rejected methods show that the most desired methods (in descending order) are the interactive lecture (X=1.37; SD=1,29), student-centered instruction (X=1.23; SD=1,28) and group work (X=1.20; SD=1,16). The methods most expected are the formal lecture (X=2.18; SD=1,17) and the interactive lecture (X=1.58; SD=1,2). At the same time, formal lecture is also the method most rejected (X=1.68; SD=1,34), followed by student presentations (X=1.03; SD=1,18) and student role play (X=0.99; SD=1,1).

Table 3 shows frequencies of the most effective evaluation methods, as indicated by being assigned first place. The means for the most effective evalu-

ation methods according to participants are: daily work (X=1.92; SD=1,22) and tests (X=1.00; SD=1,12).

Table 3: Frequency of evaluation methods being assigned first place

Evaluation method	First place: N (%)	
Daily work	145 (49.3)	
Tests	47 (16)	
Research projects	45 (15.3)	
Essays	26 (8.8)	
Oral presentations	11 (3.7)	
Lab work	11 (3.7)	
Problems/exercises	2 (0.7)	
Poster presentations	5 (1.7)	
Calculation exercises	1 (0.3)	

Participants rated teacher qualities such that teaching skills (X=3.96; SD=1,31) and knowledge of the material (X=3.25; SD=1,15) were considered most important. By contrast, enthusiasm (X=2.63; SD=1,44) and organization (X=2.46; SD=1,17) were the least valued qualities. Teacher accessibility (X=2.96; SD=1,41) was ranked in the middle, being considered neither very important nor unimportant.

Age and Expectations

Teaching expectations as a function of age were analyzed using Spearman correlations. Results show

that some of the most positive teaching methods and teacher qualities correlate significantly with age, although the correlations are low. Among desired teaching methods, it can be observed that the older the participants, the more they prefer private study and tutorials methods. As for undesirable methods, it can be seen that the older the participants, the more they reject student-centered instruction and the less they reject private study. Finally, we can also observe that the older the participants, the less they value enthusiasm as a teacher quality (Table 4).

Desirable teaching

Private study

Tutorials

Undesirable teaching

Student-centered instruction

Private study

Qualities of a good teacher

Enthusiasm

r

12**

112**

112**

112*

-13*

-15*

Table 4: Correlations between teaching expectations and age (p<0,01: **; p<0,05:*).

Expectations and Student Gender

Analysis of the relationship between teaching expectations and student gender was carried out using the Mann-Whitney U test. Results reveal significant differences in means between male and female students in some teaching methods and evaluation methods. However, differences were not found with regard to teacher qualities.

Regarding analysis of methods desired, male students prefer tutorials more than female students. In methods expected, male students expect more student-centered teaching. In methods rejected, female students reject student presentations to a greater degree than do male students (Table 5).

The most effective evaluation method for men was essays, for women it was daily work (Table 5).

Table 5: Differences between ex	pectations of teaching acc	cording to student gende	r (p<0.05: *).

Methods	Male Students	Female Students	U
Teaching desired			
Tutorials	161.79	143.95	6368*
Teaching expected			
Student-centered instruction	165.37	142.17	5955*
Teaching not desired			
Student presentations	127.21	151.7	5934*
Effective evaluation			
Essay work	136.91	114.63	5981*
Daily work	124.94	152.92	5793*

Expectations and Teacher Gender

Analysis of the relationship between students' expectations of teaching and teacher gender was also carried out using the Mann-Whitney U test. Results indicate that there are significant differences of means only among teaching methods that students expect

with regard to teacher gender. There are no differences with regard to evaluation methods or teacher qualities (Table 6).

Students who work with male teachers expect the formal lecture significantly more. Students with female teachers expect more student presentations, group-based teaching and group work (Table 6).

Table 6: Differences between teaching expectations according to teacher's gender (p<0,01:**; p<0,05:*).

Teaching expected		Male Teachers	Female Teachers	U
	Formal lecture	157.66	126.51	8160**
	Student presentations	139.04	161.24	8658*
	Group-based teaching	140.05	158.4	8835**
	Group work	138.22	162.58	8503**

Conclusions

Expectations of Teaching

Our results show little difference from those obtained previously by De la Fuente et al. (2004b), if we look only at the Granada sample. Participants in both studies choose teaching methods (desired, expected and rejected) and evaluation methods in the same order. However, differences lie in the degree of intensity with which teaching methods are accepted or rejected. Thus, in the study by De la Fuente et al. (2004b), means for methods desired and expected are higher than in our study, while at the same time means for rejected methods are lower.

As for value assigned to teacher qualities, both samples of students agree in rating teaching ability as the first quality, but they differ in rating the second quality. In this study we find knowledge of the material in second place, while in the study by De la Fuente et al. (2004b), teacher accessibility is rated second.

From the analysis of teaching and evaluation methods, several conclusions can be drawn. First, participants agree in that: (a) they prefer methodologies where the teacher has a mediating role (interactive lecture, student-centered teaching and group work); (b) they reject methodology in which the teacher directs and controls the entire teaching-learning process (formal lecture); and (c) they consider that the most effective evaluation method is one where students must play an active role and are more involved in their learning (daily work).

Second, the European Space for Higher Education Superior involves a change in the structure of university education, spanning everything from organization of degree programs to credit equivalencies. ECTS credits (European Credit Transfer System) modify the conception of the teaching-learning process; herein the methods of tutorials and private study take on importance, being essential to the new conception of university learning. But in our study, these methods are rejected by the students.

Differences are observed between methods desired, expected and rejected. On one hand, more than half the participants agree that they expect and reject the formal lecture as a method, perhaps inducing negative expectations of the teaching method, and consequently provoking students' demotivation and dissatisfaction with their university studies (James, 2001). They are expecting a type of teaching (the formal lecture) which they find not at all desirable, while they expect and desire interactive teaching, allowing us to conclude that what they most expect does not concur with what they most desire. We must underscore this fact, since, as several authors affirm (Darlaston-Jones et al., 2003; James, 2001; Sander et al., 2000), we may find ourselves before a self-

fulfilling prophecy; that is, if persons act so as to fulfill what they expect will happen, students who expect to receive lecture classes will be reluctant to accept other teaching methodologies.

Students state that the most important qualities of a good teacher are teaching skills, followed by knowledge of the material. Students in general assign more importance to professional characteristics and less value to intra- and inter-personal skills, such as being accessible or having enthusiasm. Some research results (De la Fuente et al., 2004a and b; Sander et al., 2000) concur with our data, although differences do appear in other research, since they give more importance to interpersonal skills like communication or proximity to students (Chonko et al., 2002; McDowell & McDowell, 1986), and to personal characteristics such as stimulating interest (Chonko et al., 2002) or being friendly (McDowell & McDowell, 1986).

Expectations of Teaching and Individual Differences

Individual differences are observed in the analysis of teaching expectations, although not for all types of expectations. Thus, student age is related to the teaching desired, teaching rejected and to teacher qualities. As for student gender, differences are also observed in all types of expectations but not in what concerns teacher qualities. Teacher gender is related only to teaching expected.

With regard to relationships between age and expectations, based on correlations obtained we can specify certain changes. For example, we can conclude that the older the students, the more they prefer more individualized and autonomous instruction, such as private study and tutorials. Moreover, the older participants show more rejection toward student-centered instruction, and to a lesser extent, toward private study as well. Changes observed in relation to student age and expectations of teaching are not large ones, although results do show a certain relationship between age and expectations. We therefore consider that further research is necessary for better understanding the stability or instability of expectations over the length of one's education.

As for student gender, our data indicate that there are no differences in perception of desirable teacher qualities. This same result was found in the study by Miles and Gonsalvez (2003), although other research shows different results (McDowell & McDowell, 1986; Smith et al., 1994).

There are gender differences among students when it comes to their manner of expecting, desiring and rejecting teaching and evaluation methods. Expectations of male students are oriented toward methods that require a more active role; thus they seem to have more individual, autonomous expectations than female students. Male students desire more tutorials, expect more student-centered instruction and consider evaluation through essay work to be more effective.

As for teacher gender, students expect more teaching methods that facilitate active learning (student presentations, group-based instruction and group work) from a female teacher; however, with a male teacher they expect teaching which does little to encourage active learning and is more focused on the formal lecture.

In general, we can conclude that participants prefer methods where the teacher is a mediator and that allow the student an active role in his or her learning. However, complete autonomy is not desired, since they substantially reject student presentations, student role play, tutorials and private study, and give little value to essay work and oral presentations as methods for evaluation. This situation may indicate that the active role students seek does not yet correspond to autonomy and the full capacity to regulate their own learning. Therefore, we share in the opinion of those who call for more specific training and development in autonomy and self-regulated learning, both in pre-university education as well as at the university itself (De la Fuente et al., 2005; Vermunt, 2003).

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Annex

Type of teaching and learning styles (Sander, Stevenson, King & Coates, 2000, p. 313)

Formal lecture	The teacher will deliver a set presentation. Students will listen and take notes or be given a set of notes.
Interactive lecture	The teacher will deliver a set presentation. Students will listen and take, or be given, notes. Questions will be invited and responded to. Students may be required to undertake exercises to check on their progress.
Student centered teaching	The teacher will have a presentation prepared, but prefers to be led by the student's responses to questions, in what is actually delivered, and how. Students are encouraged to think and participate. Extensive note taking is unlikely to be encouraged.
Student presentations	The students will prepare a set topic each and deliver it to their peers under the guidance of the teacher.
Teaching session around group work	The teacher has prepared a series of exercises or activities which are aimed at facilitating students achieving the objectives of the session themselves. There will be very little "formal" teaching
Tutorials	Students are set work to prepare, which is analyzed and considered in small group settings.
Group work	The teacher has prepared a series of exercises (brainstorm, discussion) or activities (practicals, library projects) which are aimed at facilitating students achieving the objectives of the session themselves. There will be no "formal" teaching. All learning will be through activity.
Private study	Students are given a list of readings, exercises and activities and left to get on with it. There may be tutorial support from the teacher.
Student role play	Students are asked to act out a situation or encounter which is watched by other students and subsequently analyzed.

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