

Table 8. Results obtained from the analysis of samples: moisture, total fat and lipid profile (g/100g product), ratio (S+T)/(M+P) and the sum S+T.

	Moisture	Total fat	SFA	MUFA	PUFA	TFA	(S+T) <sup>a</sup> (g/serving)	(S+T) <sup>b</sup> (g/100g product)	(S+T)/(M+P) <sup>c</sup>
<b>Sobaos</b>									
Brand 1	15.65±0.21 <sup>b</sup>	23.82±0.18 <sup>a</sup>	11.16±0.09 <sup>a</sup>	7.59±0.15 <sup>a</sup>	4.86±0.04 <sup>a</sup>	0.23±0.04 <sup>b</sup>	4.56	11.39	0.91
Brand 2	16.17±0.26 <sup>c</sup>	24.68±0.21 <sup>b</sup>	11.61±0.08 <sup>c</sup>	7.98±0.08 <sup>b</sup>	4.87±0.05 <sup>a</sup>	0.25±0.03 <sup>b</sup>	4.74	11.86	0.92
Brand 3	12.64±0.38 <sup>a</sup>	25.85±0.30 <sup>c</sup>	11.45±0.26 <sup>b</sup>	8.14±0.14 <sup>c</sup>	6.10±0.08 <sup>b</sup>	0.17±0.05 <sup>a</sup>	4.65	11.62	0.82
Mean	14.82±1.60	24.78±0.87	11.40±0.25	7.90±0.27	5.29±0.60	0.21±0.06	4.64	11.61	0.88
<b>Mini-Ensaímadás</b>									
Brand 1	14.37±0.57 <sup>b</sup>	25.64±0.80 <sup>b</sup>	14.52±0.48 <sup>b</sup>	7.69±0.25 <sup>a</sup>	3.26±0.08 <sup>a</sup>	0.18±0.01 <sup>b</sup>	5.44	14.7	1.34
Brand 2	14.09±0.28 <sup>ab</sup>	23.94±0.26 <sup>a</sup>	13.17±0.14 <sup>a</sup>	7.44±0.10 <sup>a</sup>	3.17±0.04 <sup>a</sup>	0.16±0.00 <sup>a</sup>	4.93	13.33	1.26
Brand 3	13.82±0.31 <sup>a</sup>	25.66±1.10 <sup>b</sup>	14.50±0.62 <sup>b</sup>	7.65±0.35 <sup>a</sup>	3.36±0.14 <sup>b</sup>	0.16±0.01 <sup>a</sup>	5.42	14.66	1.33
Mean	14.09±0.45	25.08±1.13	14.06±0.78	7.59±0.27	3.26±0.12	0.17±0.01	5.27	14.23	1.31
<b>Mini-Puff pastry palms</b>									
Brand 1	4.65±0.24 <sup>c</sup>	29.96±0.65 <sup>b</sup>	16.71±0.35 <sup>b</sup>	8.25±0.18 <sup>b</sup>	4.82±0.13 <sup>b</sup>	0.18±0.01 <sup>b</sup>	5.07	16.89	1.29
Brand 2	3.82±0.39 <sup>b</sup>	26.02±0.30 <sup>a</sup>	15.50±0.14 <sup>a</sup>	7.82±0.08 <sup>a</sup>	2.53±0.03 <sup>a</sup>	0.17±0.00 <sup>a</sup>	4.70	15.67	1.51
Brand 3	1.74±0.22 <sup>a</sup>	33.87±0.28 <sup>c</sup>	18.07±0.14 <sup>c</sup>	10.16±0.07 <sup>c</sup>	5.45±0.04 <sup>c</sup>	0.18±0.01 <sup>b</sup>	5.48	18.25	1.17
Mean	3.33±1.27	29.95±3.28	16.76±1.09	8.74±1.04	4.27±1.28	0.18±0.01	5.08	16.94	1.32
<b>Mini-Croissant</b>									
Brand 1	17.09±2.14 <sup>a</sup>	27.81±0.82 <sup>b</sup>	14.41±0.56 <sup>c</sup>	9.79±0.40 <sup>b</sup>	3.51±0.18 <sup>c</sup>	0.18±0.02 <sup>b</sup>	2.92	14.59	1.10
Brand 2	16.53±1.06 <sup>a</sup>	25.66±1.10 <sup>a</sup>	13.56±0.67 <sup>b</sup>	8.73±0.61 <sup>a</sup>	3.21±0.18 <sup>b</sup>	0.15±0.02 <sup>a</sup>	2.74	13.71	1.15
Brand 3	16.70±0.49 <sup>a</sup>	24.33±2.23 <sup>a</sup>	12.76±1.19 <sup>a</sup>	8.39±0.75 <sup>a</sup>	3.02±0.20 <sup>a</sup>	0.17±0.02 <sup>b</sup>	2.59	12.93	1.13
Mean	16.77±1.40	25.72±2.14	13.58±1.08	8.97±0.84	3.25±0.27	0.17±0.02	2.75	13.75	1.13
<b>Mini-Chocolate Croissant</b>									
Brand 1	12.04±0.33 <sup>a</sup>	29.50±0.23 <sup>b</sup>	15.98±0.08 <sup>c</sup>	9.61±0.09 <sup>a</sup>	3.72±0.03 <sup>b</sup>	0.19±0.01 <sup>a</sup>	7.28	16.17	1.21
Brand 2	12.07±0.31 <sup>a</sup>	29.26±1.50 <sup>b</sup>	15.63±0.20 <sup>b</sup>	9.78±0.12 <sup>b</sup>	3.66±0.06 <sup>a</sup>	0.19±0.01 <sup>a</sup>	7.12	15.82	1.18
Brand 3	11.86±0.23 <sup>a</sup>	28.38±0.51 <sup>a</sup>	15.05±0.28 <sup>a</sup>	9.50±0.18 <sup>a</sup>	3.64±0.07 <sup>a</sup>	0.19±0.02 <sup>a</sup>	6.86	15.24	1.16
Mean	11.99±0.30	29.05±1.02	15.55±0.43	9.63±0.18	3.67±0.07	0.19±0.01	7.08	15.74	1.18
<b>Chocolate nut spread</b>									
Brand 1	< 1.00	34.10±0.90 <sup>b</sup>	7.66±0.20 <sup>a</sup>	18.95±0.36 <sup>b</sup>	7.19±0.14 <sup>b</sup>	0.22±0.04 <sup>b</sup>	2.36	7.88	0.30
Brand 2	< 1.00	36.19±0.75 <sup>c</sup>	8.70±0.53 <sup>b</sup>	19.50±0.53 <sup>c</sup>	7.75±0.44 <sup>c</sup>	0.25±0.08 <sup>b</sup>	2.69	8.95	0.33
Brand 3	< 1.00	30.42±0.38 <sup>a</sup>	10.17±0.07 <sup>c</sup>	16.73±0.13 <sup>a</sup>	3.36±0.04 <sup>a</sup>	0.18±0.03 <sup>a</sup>	3.11	10.35	0.52
Mean	< 1.00	33.54±2.58	8.84±1.09	18.39±1.27	6.10±1.99	0.22±0.06	2.72	9.06	0.38

SFA: saturated fatty acids; MUFA: monounsaturated fatty acids; PUFA: polyunsaturated fatty acids; TFA: trans fatty acids; <sup>a,b</sup> (S+T)=(SFA+TFA); <sup>c</sup> (S+T)/(M+P)=[(SFA+TFA)/(MUFA+PUFA)]