

A model based on the quantification of complement C4c, CYFRA 21-1 and CRP exhibits high specificity for the early diagnosis of lung cancer



DANIEL AJONA, AÑA REMIREZ, CRISTINA SAINZ, CRISTINA BERTOLO, ALVARO GONZALEZ, NEREA VARO, MARÍA D LOZANO, JAVIER J ZULUETA, MIGUEL MESA-GUZMAN, ANA C MARTIN, ROSA PEREZ-PALACIOS, JOSE LUIS PEREZ-GRACIA, PIERRE P MASSION, LUIS M MONTUENGA¹, and RUBEN PIO¹

PAMPLONA, MADRID, AND VALLADOLID, SPAIN; NASHVILLE, TENNESSEE

Lung cancer screening detects early-stage cancers, but also a large number of benign nodules. Molecular markers can help in the lung cancer screening process by refining inclusion criteria or guiding the management of indeterminate pulmonary nodules. In this study, we developed a diagnostic model based on the quantification in plasma of complement-derived fragment C4c, cytokeratin fragment 21-1 (CYFRA 21-1) and C-reactive protein (CRP). The model was first validated in two independent cohorts, and showed a good diagnostic performance across a range of lung tumor types, emphasizing its high specificity and positive predictive value. We next tested its utility in two clinically relevant contexts: assessment of lung cancer risk and nodule malignancy. The scores derived from the model were associated with a significantly higher risk of having lung cancer in asymptomatic individuals enrolled in a computed tomography (CT)-screening program (OR = 1.89; 95% CI = 1.20–2.97). Our model also served to discriminate between benign and malignant pulmonary nodules (AUC: 0.86; 95% CI = 0.80–0.92) with very good specificity (92%). Moreover, the model performed better in combination with clinical factors, and may be used to reclassify patients with intermediate-risk indeterminate pulmonary nodules into patients who require a more aggressive work-up. In conclusion, we propose a new diagnostic biomarker panel that may dictate which incidental or screening-detected pulmonary nodules require a more active work-up. (Translational Research 2021; 233:77–91)

¹These authors share senior authorship.

From the Program in Solid Tumors, Center for Applied Medical Research (CIMA), Pamplona, Spain; Centro de Investigación Biomédica en Red Cáncer (CIBERONC), Madrid, Spain; Navarra's Health Research Institute (IDISNA), Pamplona, Spain; Department of Biochemistry and Genetics, School of Sciences, University of Navarra, Pamplona, Spain; Department of Clinical Chemistry, Clínica Universidad de Navarra, Pamplona, Spain; Department of Pathology, Clínica Universidad de Navarra, Pamplona, Spain; Department of Pulmonary Medicine, Clínica Universidad de Navarra, Pamplona, Spain; Department of Thoracic Surgery, Clínica Universidad de Navarra, Pamplona, Spain; Advanced Marker Discovery (AMADIX), Valladolid, Spain; Department of Oncology, Clínica Universidad de Navarra, Pamplona, Spain; Cancer Early Detection and Prevention Initiative, Vanderbilt Ingram Cancer Center, Vanderbilt University Medical Center, Nashville, Tennessee; Department of Pathology, Anatomy and Physiology, School of Medicine, University of Navarra, Pamplona, Spain.

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Reprint requests: Ruben Pio, Program in Solid Tumors, CIMA Building, Pio XII 55, 31008 Pamplona, Spain. e-mail: rpio@unav.es.

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Abbreviations: AU = arbitrary units; AUC = area under the curve; CRP = C-reactive protein; CT = computer tomography; CYFRA 21-1 = cytokeratin fragment 21.1; IPN = indeterminate pulmonary nodules; NLST = National Lung Screening Trial; NSCLC = non-small cell lung cancer; OR = odds ratio; ROC = receiver operating characteristic

AT A GLANCE COMMENTARY

Ajona, et al

Background

Recent results from randomized controlled trials have rekindled the interest for the implementation of lung cancer screening. However, better diagnostic models are needed to reduce the numbers of unnecessarily screenings, and to optimize the management of patients with indeterminate nodules.

Translational Significance

We developed and validated a molecular diagnostic model able to identify asymptomatic individuals enrolled in a CT-screening program at higher risk of having lung cancer. The model was also able to discriminate which pulmonary nodules may require a more active work-up. This model may improve inclusion criteria and management in the context of lung cancer screening.

INTRODUCTION

Lung cancer is the most commonly diagnosed cancer worldwide and the leading cause of cancer death.¹ Lung tumors are mostly diagnosed at metastatic stage, where the 5-year survival rate is less than 5%.² In contrast, the 5-year survival rate of patients with localized lung cancer is close to 60%,² which evidences the importance of detecting lung cancer at early stages. Screening of subjects at risk with low-dose computed tomography (LDCT) has long been proposed as a strategy to increase the relative frequency of early-stage diagnosis.³ Randomized controlled trials, performed in the United States and Europe, have demonstrated that lung cancer screening with LDCT is associated with a marked diagnostic stage shift towards lung tumors detected at early stages (mostly stage I) with the subsequent reduction of mortality rates from lung cancer.⁴⁻⁶ These results have elicited a notable excitement with the prospects of implementation of CT-based lung cancer screening at the population level.⁷ In fact, screening of lung cancer in high risk individuals is currently recommended by the U.S. Preventive Services Task Force and other professional societies based on the inclusion criteria in the

National Lung Screening Trial-NLST.⁸ There are two major challenges to improve the cost/benefit ratio of the population-based implementation of lung cancer screening. First, the refinement of risk models and selection criteria to reduce the numbers of individuals unnecessarily undergoing screening. Second, the optimization of the management of patients with indeterminate nodules and of decision-making algorithms regarding follow-up interventions. Contributions to any of these 2 challenges would substantially help in the implementation and sustainability of screening protocols.⁹ To this aim, the use of molecular biomarkers, derived from the tumor itself or from the host reaction to its presence, offers great potential. These biomarkers may complement image-based screening in different ways. On the one hand, biomarkers associated with genetic predisposition or risk of lung cancer presence in asymptomatic individuals may allow refinement of screening selection criteria.¹⁰ Molecular makers could be added to clinical variables already included in risk models. On the other hand, a molecular marker may aid in decision-making protocols in the case of individuals presenting indeterminate pulmonary nodules (IPNs). Almost one fourth of screened individuals present IPNs, but only 4% of them are malignant.⁴ Actual procedures for IPN management often lead to unnecessary follow-up CTs, or even invasive procedures.¹¹ Molecular markers may help to differentiate patients with malignant IPNs from the large number of subjects with benign nodules. Extensive research efforts are ongoing to evaluate the applicability of molecular markers in these 2 clinical contexts.¹²

Several experimental observations suggest that the complement system, an essential element of innate immunity, is activated in patients with cancer.¹³ We previously demonstrated that the classical complement pathway is activated by lung cancer cells.¹⁴ C4d, a split product derived from complement activation, was elevated in biological fluids from patients with lung cancer and was associated with poorer prognosis.¹⁴ We also showed that plasma C4d levels were associated with an increased risk of lung cancer in asymptomatic individuals from a screening population cohort.¹⁴ Patients with malignant IPNs presented significantly higher plasma levels of C4d than those with benign nodules.¹⁵ C4d plasma levels were also increased in head and neck cancer patients,¹⁶ and may be a prognostic factor in malignant pleural mesothelioma.¹⁷

C4d is a breakdown product generated from complement C4 during activation of the classical pathway of complement. Upon C4 fragmentation, C4d remains covalently attached to the plasma membrane whereas C4c, another proteolytic fragment derived from C4, is released to the extracellular milieu.¹⁸ Therefore, C4c may be more readily detectable in extracellular fluids, such as plasma. Still, the potential use of C4c as a diagnostic marker for lung cancer has not been evaluated yet.

The aim of the present study was to assess the utility of C4c plasma levels as a diagnostic marker for lung cancer. Moreover, we searched for a combination with other plasma proteins that would improve the diagnostic performance of the test. We describe the development of a diagnostic model based on the quantification of C4c in plasma, along with two cancer-associated proteins, cytokeratin fragment 21-1 (CYFRA 21-1) and C-reactive protein (CRP). The scores derived from this model were associated with a significantly higher risk of having lung cancer in asymptomatic individuals enrolled in a CT-screening program, as well as with the capacity to identify a subpopulation of patients with malignant IPNs that may require a more aggressive work-up.

MATERIAL AND METHODS

Clinical samples. The study included plasma samples from 5 case-control series of lung cancer patients and control individuals. These series and the purpose of their evaluation are summarized in Fig 1. The cohort in which the diagnostic model was developed consisted of plasma samples from 39 patients with early stage non-small cell lung cancer (NSCLC) and 39 control subjects (herein denoted as discovery cohort). The levels of C4d and C4d-containing fragments were previously determined in these samples.^{14,19} The validation of the model was carried out in 2 sets of samples, one consisting of 50 NSCLC patients at advanced stages and 50 control individuals, and the other of 48 SCLC patients and 49 control individuals. The clinical utility of the model was tested in 2 nested case-control series: a set of 125 subjects enrolled in the International Early Lung Cancer Action Program (I-ELCAP), which included 32 individuals diagnosed with lung cancer and 93 individuals with no evidence of cancer at the completion of the screening protocol, and a set of 138 patients presenting IPNs discovered by chest CT, where 76 of them were diagnosed as lung cancers and the remaining 62 as nonmalignant lesions. All samples were collected between 2003 and 2018 and retrieved from the biorepository of the Clinica Universidad de

Navarra, except for the IPN cohort, which was collected prospectively between 2003 and 2011 at the Vanderbilt University Medical Center with the intention to identify diagnostic biomarkers able to differentiate benign from malignant cases. Lung tumors were classified according to the WHO 2004 classification and the International System for Staging Lung Cancer.²⁰ All study protocols were approved by the Institutional Research Ethics Committee, and all patients gave informed consent.

Biomarker measurements. C4c plasma levels were evaluated using an enzyme-linked immunosorbent assay as previously described.²¹ This assay has been reported to be highly specific, with no cross-reactivity with uncleaved C4 or other proteolytic fragments derived from C4.²¹ Results were calculated as relative values to those found in a reference sample and expressed as arbitrary units (AU). C4d-containing fragments from C4-activation and C4d were determined as previously described.^{14,19} Luminex technology and the Human Circulating Cancer Biomarkers Magnetic Bead Panel 1 (HCCBP1MAG-58K, Millipore) were used to evaluate the expression of a set of cancer-related markers in plasma samples. A Cobas analyzer (Roche Diagnostics) was used for the determination of CRP, CYFRA 21-1, IL-6, and prolactin. Determinations were performed blindly.

Statistical analyses. STARD (Standards for Reporting of Diagnostic Accuracy Studies) guidelines were followed for the presentation of the manuscript.²² The model was defined using the discovery cohort and maintained unaltered throughout the study. No optimal size estimation was performed. Cohort size was based on availability. Normal distribution of the data was tested by the Shapiro-Wilk test. Differences between two or more groups were determined using the Mann-Whitney *U* test or the Kruskal-Wallis test, respectively. Marker values were expressed as median (25th to 75th percentiles). Logistic regression was used to generate the integrated models. The performance of the individual markers and the models was evaluated by using standard measurements of diagnostic accuracy, including the area under the receiver operating characteristic (ROC) curve (AUC), sensitivity, specificity, positive predictive value, negative predictive value, positive likelihood ratio, and negative likelihood ratio. The goodness of fit of the competing diagnostic models was evaluated by comparing their likelihood ratios using the likelihood-ratio test. Differences in performance were also assessed by comparing AUCs using the roc-gold command in STATA, which performs tests of equality of ROC area against a “gold standard” ROC curve. Conditional logistic regression was used to estimate odds ratios and 95% CI for lung cancer risk.

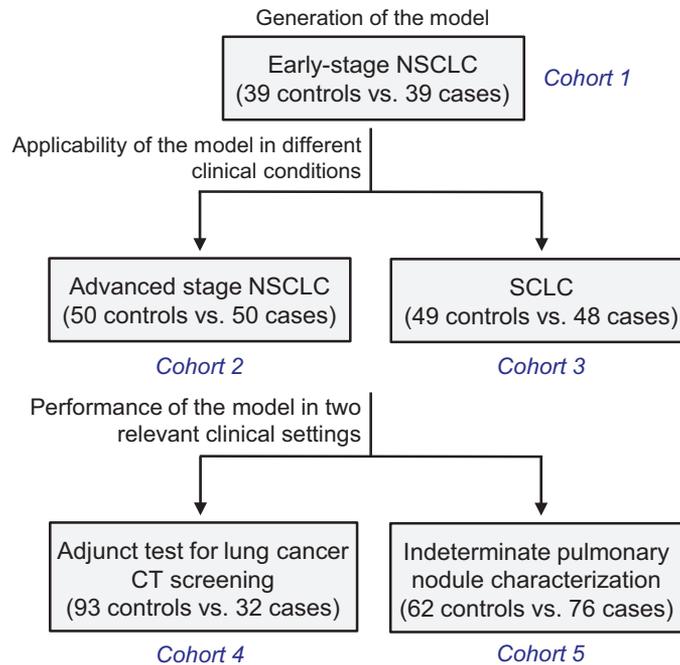


Fig 1. Schematic representation of the study design. The goal of each analysis and the number of samples per cohort are shown.

Survival curves were generated using the Kaplan-Meier method, and statistically significant differences were analyzed with the log rank test. Confidence intervals for the diagnostic parameters were calculated using the MedCalc statistical software. All other statistical analyses were performed with STATA/IC 12.1. Two-sided *P* values less than 0.05 were considered statistically significant.

RESULTS

Performance of C4c as a marker for lung cancer diagnosis. We have previously proposed the use of proteolytic fragments of complement C4 as a diagnostic marker from lung cancer.^{14,19} Detection was based on the quantification of C4d, a breakdown product generated from complement C4 upon activation of the classical pathway of complement (Fig 2A). In this study, we sought to generate a clinically useful model for lung cancer diagnosis based on the detection of either C4-derived fragments containing C4d (which include C4b, iC4b, and C4d; herein referred as C4d-containing fragments), only C4d, or the soluble fragment C4c. We initially used a series of plasma samples from 39 patients with early stage non-small cell lung cancer (NSCLC) and 39 control subjects matched by age, sex and smoking status. In these samples, C4d-containing fragments¹⁴ or C4d¹⁹ had previously been determined.

In the present study, we quantified C4c and compared that with previous quantifications. Samples from lung cancer patients showed significantly higher levels of C4d-containing fragments, C4d or C4c than those from control individuals (Fig 2B). Plasma levels in cases vs controls were: 0.87 (0.74–1.12) vs 0.72 (0.61–0.92) $\mu\text{g/ml}$ for C4d-containing fragments ($P = 0.005$); 1.01 (0.69–1.61) vs 0.58 (0.48–0.66) arbitrary units (AU) for C4d ($P < 0.001$); and 173 (112–206) vs 87 (66–108) AU for C4c ($P < 0.001$). The areas under the ROC curves (AUCs) were 0.69 (95% CI=0.57–0.81), 0.81 (95% CI=0.71–0.92) and 0.86 (95% CI=0.77–0.95), respectively (Fig 2C). Pairwise comparisons using the test for equality of ROC curves showed a better performance for C4c (Table 1). The use of C4c as a diagnostic marker resulted in a high specificity and positive predictive value (Table 2). A significant association was found between C4c levels and malignant nodule size ($P = 0.019$), whereas no association was observed with other epidemiological or clinical characteristics, such as sex, age, smoking status, cancer histology or stage (Supplementary Table 1). Supplementary Tables 2 and 3 summarize the associations found between the clinicopathological characteristics of the patients and C4d and C4d-containing fragments, respectively. Based on these results, we conclude that C4c is a better marker than other C4-derived fragments to discriminate lung cancer patients from control individuals.

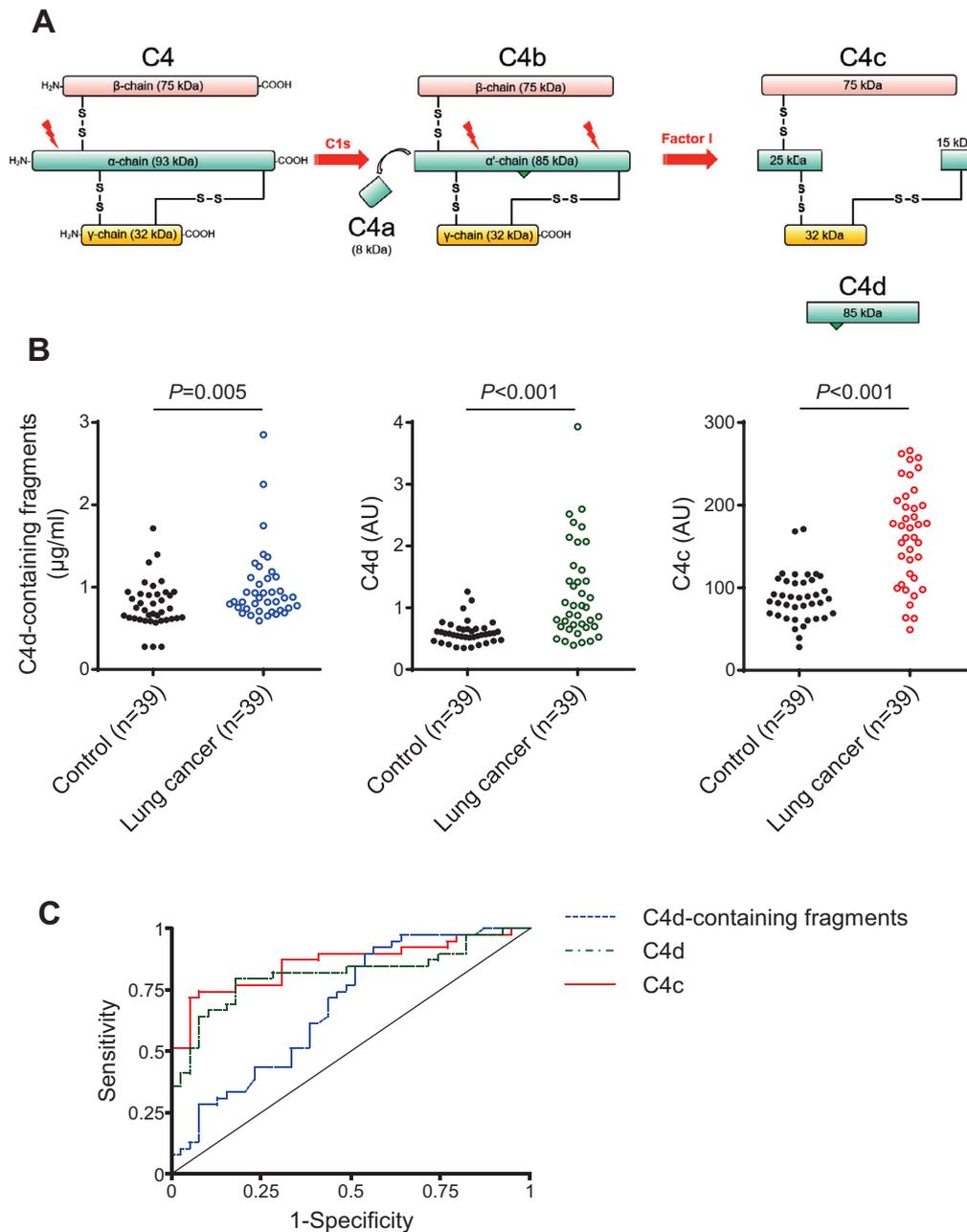


Fig 2. Performance of C4-derived fragments as diagnostic markers for lung cancer. A) Scheme representing the proteolytic formation of C4-derived fragments upon activation of the classical pathway of complement. C4a and C4c are soluble fragments, whereas C4b and C4d remain covalently attached to the target membrane (the location of the membrane-binding site is indicated by a green triangle). C4b, C4d, and iC4d (an intermediate fragment not shown in the figure) are designated in this manuscript as C4d-containing fragments derived from C4 activation. B) Quantification of C4d-containing fragments, C4d and C4c plasma levels in patients diagnosed with early-stage NSCLC (n = 39) and matched control subjects (n = 39). The P value was calculated using the 2-sided Mann-Whitney U test. AU: Arbitrary units. C) ROC curves obtained from the plasma levels of the three markers.

Generation of a C4c-containing diagnostic model. We aimed to improve the performance of our test by complementing the diagnostic capacity of C4c with previously described cancer markers. In the discovery series

in which we had measured C4c, we determined the plasma levels of the 25 following protein markers: AFP, PSA, CA 15-3, CA 19-9, MIF, TRAIL, leptin, IL-6, sFasL, CEA, CA 125, IL-8, HGF, sFas, TNF α ,

Table 1. Plasma levels of C4d-containing fragments, C4d and C4c in samples from control subjects (n = 39) and early-stage lung cancer patients (n = 39), and their corresponding areas under the ROC curve (AUC)

Biomarker*	Control subjects	Cancer patients	P value [†]	AUC	P value [‡]
C4d-containing fragments ($\mu\text{g/ml}$)	0.72 (0.61–0.92)	0.87 (0.74–1.12)	0.005	0.69 (0.57–0.81)	
C4d (AU)	0.58 (0.48–0.66)	1.01 (0.69–1.61)	<0.001	0.81 (0.71–0.92)	0.088
C4c (idem)	87 (66–108)	173 (112–206)	<0.001	0.86 (0.77–0.95)	0.011

*Biomarker levels are expressed as median (25th to 75th percentiles).

[†]Two-sided Mann-Whitney *U* test.

[‡]Test for equality of AUCs using the AUC for C4d-containing fragments as reference.

prolactin, SCF, CYFRA 21-1, OPN, FGF2, bHCG, HE4, TGF α , VEGF, and CRP. All of them were determined by Luminex technology, except for CRP, which was evaluated using a Cobas analyzer. We found significantly higher levels of IL-6 ($P=0.022$), prolactin ($P=0.003$), CYFRA 21-1 ($P < 0.001$), and CRP ($P=0.004$) in the group of lung cancer patients as compared with the control group (Supplementary Fig 1 and Supplementary Table 4). The differences in the plasma levels of IL-6, prolactin, and CYFRA 21-1 were validated in a Cobas analyzer (Supplementary Fig 2). In one control sample, CYFRA 21-1 could not be determined.

We developed regression models to combine the diagnostic capacity provided by C4c, IL-6, prolactin, CYFRA 21-1, and CRP. Univariate analyses performed for each of the markers alone showed that their levels were associated with malignancy, except for IL-6, which was excluded from subsequent analyses (Supplementary Table 5). Next, logistic regression multivariate models were generated in which we evaluated the capacity of prolactin, CYFRA 21-1, CRP and their combinations to add diagnostic value to C4c (Supplementary Table 6). The information provided from both the univariate and multivariate analyses led us to select C4c, CYFRA 21-1, and CRP for the integrative model, excluding prolactin in favor of parsimony. Finally, we assessed the particular contribution of C4c to the classifier by comparing the performance of the three-protein model with that of a model based only on CYFRA 21-1 and CRP levels. As shown in Supplementary Table 7,

the model performed significantly better when C4c was present ($P < 0.001$), confirming the relevance of this marker in the final model.

Using the model based on the quantification of C4c, CYFRA 21-1, and CRP, we calculated a malignancy probability score in each control individual and each patient. As shown in Fig 3A, the malignancy probability scores were significantly higher in cancer patients than in control individuals ($P < 0.001$), which yielded an AUC of 0.91 (95% CI=0.84–0.97). The combined diagnostic model showed a strong positive predictive value (94%) and positive likelihood ratio (15.60), as expected from its high specificity (95%). The associations between the predictive probabilities of malignancy and demographics of patients and controls are shown in Supplementary Table 8. The combined marker performed better for the diagnosis of squamous cell carcinomas ($P=0.012$) and nodules larger than 2.5 cm ($P=0.003$). Interestingly, the malignant probability scores determined by the model were also significantly associated with the outcome of the patients ($P=0.020$), suggesting that the model may have prognostic value. No other significant associations were found.

Validation of the diagnostic model. The capacity of the model to diagnose lung cancer was validated in 2 independent case-control cohorts. The first set consisted of 50 NSCLC patients at advanced stages and 50 control individuals matched by age, sex, and smoking history. The predictive probabilities of the model in these 2 groups were calculated using the regression

Table 2. Diagnostic performance of the determination of the three complement C4-derived fragments in plasma samples from early-stage lung cancer

Diagnostic parameters*	C4d-containing fragments	C4d	C4c
Sensitivity (%)	92 (79–98)	79 (64–91)	72 (55–85)
Specificity (%)	44 (28–60)	82 (66–92)	95 (83–99)
Accuracy (%)	68 (56–78)	81 (70–89)	83 (73–91)
Positive predictive value (%)	62 (55–69)	82 (69–90)	93 (78–98)
Negative predictive value (%)	85 (64–95)	80 (68–88)	77 (67–85)
Positive likelihood ratio	1.64 (1.22–2.19)	4.43 (2.22–8.83)	14.00 (3.58–54.78)
Negative likelihood ratio	0.18 (0.06–0.55)	0.25 (0.13–0.47)	0.30 (0.18–0.49)

*Diagnostic parameters were calculated using the cut-off that provides the maximum Youden index. 95% CIs are also shown.

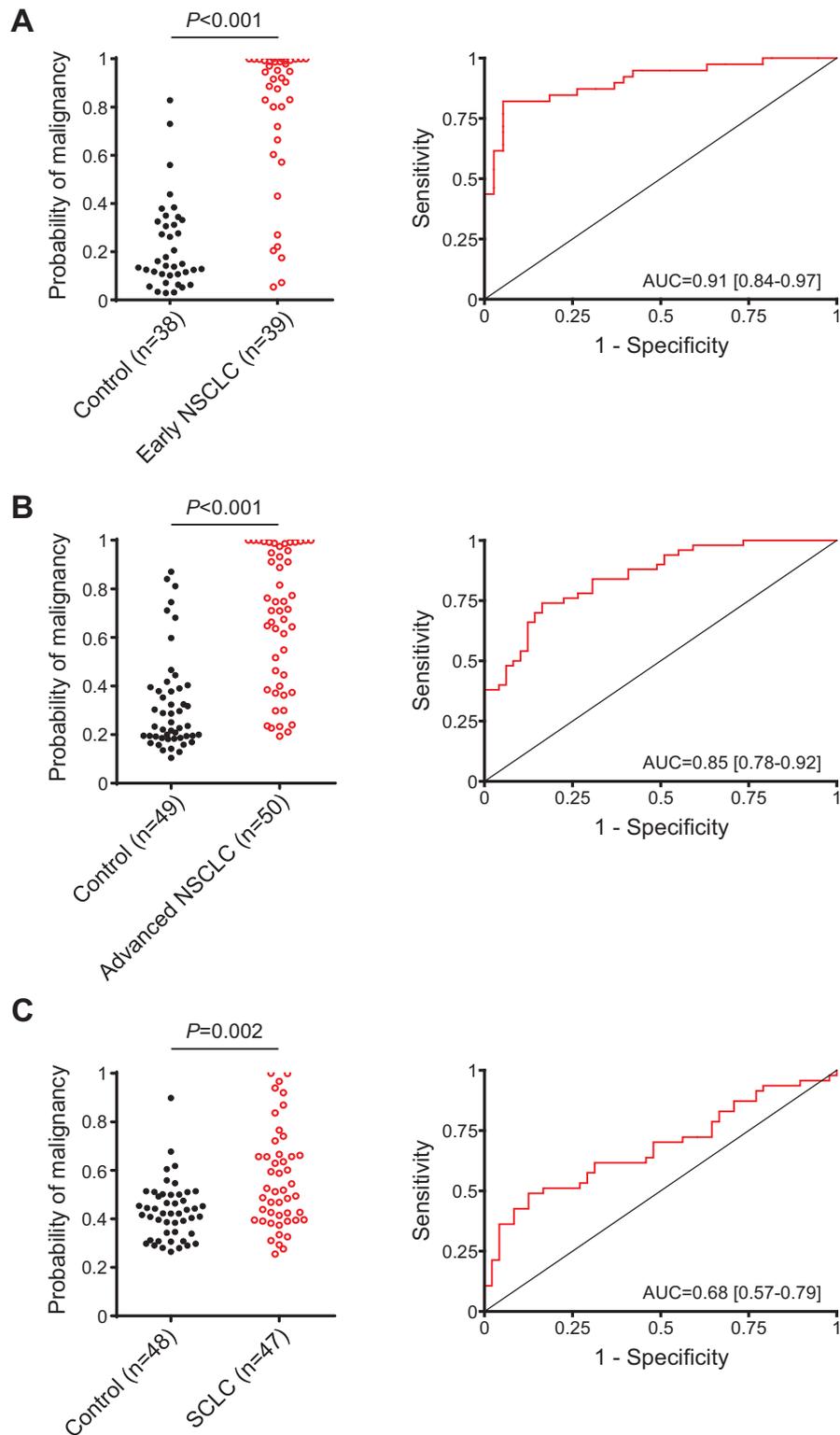


Fig 3. Generation and validation of the diagnostic model. A) Probabilities of malignancy, calculated using the regression model generated from the quantification of C4c, CYFRA 21-1 and CRP, in plasma samples from control individuals (n = 38) and patients (n = 39) with early NSCLC (stages I and II). B) Probabilities of malignancy in control individuals (n = 49) and patients with advanced NSCLC (n = 50). C) Probabilities of malignancy in control subjects (n = 48) and patients with SCLC (n = 47). The ROC curves obtained from all these probabilities and the AUCs are also shown. *P* values were calculated using the 2-sided Mann-Whitney U test.

Table 3. Summary of the diagnostic performance of the model based on the determination of C4c, CYFRA 21-1, and CRP in the different series of plasma samples used in this study*

	Early NSCLC	Advanced NSCLC	SCLC	Screening	Indeterminate nodules
Number of controls	38	49	48	93	62
Number of cases	39	50	47	30	76
Sensitivity (%)	82 (66–92)	74 (60–85)	49 (34–64)	73 (54–88)	70 (58–80)
Specificity (%)	95 (82–99)	84 (70–93)	88 (75–95)	70 (60–79)	92 (82–97)
Accuracy (%)	88 (87–98)	79 (69–86)	68 (58–78)	71 (62–79)	80 (72–86)
Positive predictive value (%)	94 (80–98)	82 (71–90)	80 (63–90)	44 (35–53)	91 (82–96)
Negative predictive value (%)	84 (72–91)	76 (66–84)	63 (56–70)	89 (82–94)	71 (64–78)
Positive likelihood ratio	15.60 (4.01–60.55)	4.53 (2.35–8.72)	3.91 (1.75–8.74)	2.44 (1.67–3.55)	8.64 (3.68–20.30)
Negative likelihood ratio	0.19 (0.10–0.37)	0.31 (0.19–0.50)	0.58 (0.43–0.79)	0.38 (0.21–0.70)	0.33 (0.23–0.47)

*Diagnostic parameters were calculated using the cut-off that provides the maximum Youden index in each series. 95% CIs are also shown.

model defined in the previous section (of note, in one control, CYFRA 21-1 could not be determined). As shown in Fig 3B, lung cancer patients showed significantly higher malignant probability scores that matched control individuals ($P < 0.001$). The area under the ROC curve was 0.85 (95% CI = 0.78–0.92). Associations between the predictive malignant probabilities and the clinicopathological characteristics of the patients are shown in Supplementary Table 9.

We also tested the efficacy of the protein combination panel in a set of plasma samples from SCLC patients ($n = 48$) and control individuals ($n = 49$). SCLC is a histology subtype of lung cancer that accounts for around 15% of lung cancer cases. The predictive probabilities of the model were calculated from the levels of C4c, CYFRA 21-1, and CRP using the same formula used previously (of note, C4c could not be determined in 1 control individual, and CRP in 1 patient). Although the diagnostic classifier was less accurate than in the 2 NSCLC cohorts, and in this case C4c did not add diagnostic value to the model (data not shown), the probabilities of malignancy predicted by the model were still significantly higher in the cancer group ($P = 0.002$), and the model showed a good specificity and positive predictive value (Fig 3C). No significant associations were found between demographics and the predictive probabilities of malignancy (Supplementary Table 10).

The diagnostic performance of the three-protein model in the discovery series and the two validation series is summarized in Table 3. From these analyses, we concluded that our combined model was able to discriminate between lung cancer patients and control individuals with high specificity, prompting us to test its performance in clinically relevant settings.

Application of the diagnostic model for the assessment of lung cancer risk in asymptomatic individuals

undergoing lung cancer screening. To test the clinical utility of the new diagnostic model, we first assessed its capacity to discriminate between asymptomatic individuals who were or were not diagnosed with lung cancer in the context of a CT-screening program performed at the Clinica Universidad de Navarra.²³ We used a cohort of 125 subjects enrolled in the International Early Lung Cancer Detection Program (I-ELCAP). The cohort included 32 individuals diagnosed with lung cancer in the context of the CT screening, and 93 individuals with no evidence of cancer at the completion of the screening protocol. Samples from lung cancer patients were collected at diagnosis for most cases, and no more than 2 months prior to diagnosis for any of them. Scores derived from the regression model based on C4c, CYFRA 21-1 and CRP plasma levels were significantly associated with lung cancer risk (OR = 1.89; 95% CI = 1.20–2.97). Of note, CRP could not be analyzed in two cancer patients. The statistically significant differences in the probability scores and the area of the ROC curve are shown in Fig 4. Probabilities were higher in individuals with more than 35 pack-years history of smoking, whereas no association was found with sex, age, histology, lesion size, or stage (Supplementary Table 11). The diagnostic yield of the model in this clinical setting is summarized in Table 3. We also evaluated the performance of the model using all lung cancer cases but only those control individuals with pulmonary nodules detected by CT ($n = 54$). The association with lung cancer risk remained significant (OR = 3.60; 95% CI = 1.61–8.07; Supplementary Fig 3).

In addition, we evaluated the performance of the assay in the 36 control subjects and 13 cancer patients included in the screening cohort who did not meet the 55–74 years old, and at least 30 pack-years NLST selection criteria. The clinicopathological

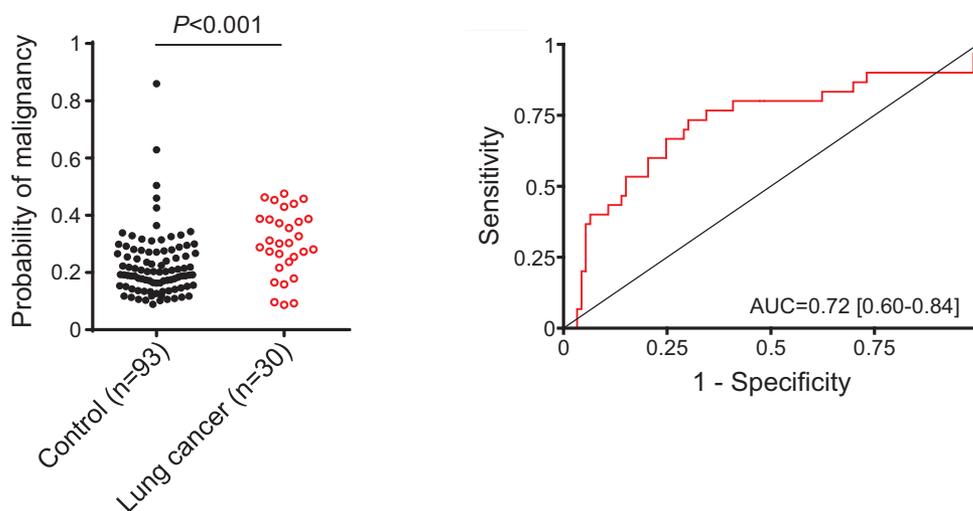


Fig 4. Performance of the protein diagnostic model in the assessment of lung cancer risk in asymptomatic individuals. Probabilities of malignancy were calculated using the regression model generated from the quantification of C4c, CYFRA 21-1 and CRP in plasma samples from asymptomatic individuals who were or were not diagnosed with lung cancer in the context of a CT-screening program ($n = 30$ and $n = 93$, respectively). The ROC curve and the AUC obtained from these probabilities are also shown. The P value was calculated using the two-sided Mann-Whitney U test.

characteristics of these patients are shown in Supplementary Table 12. Higher lung cancer risk (OR = 2.31; 95% CI = 1.15–4.67) and predicted probabilities ($P = 0.018$) were still found in cancer patients than in control subjects. In fact, no differences in the probability scores were found between lung cancer patients who did or did not meet NLST selection criteria ($P = 0.155$).

In summary, in this part of the study, we provide evidence supporting that our diagnostic model may help in the identification of asymptomatic individuals at high risk of having lung cancer, including those who fall outside the NLST eligibility criteria.

Application of the diagnostic model for the evaluation of indeterminate pulmonary nodules found incidentally.

We finally evaluated the performance of the protein model in the diagnosis of patients presenting with IPNs. We used plasma samples obtained from 138 patients presenting IPNs discovered by chest CT at Vanderbilt University Medical Center. Lung nodules were defined as rounded opacities completely surrounded by lung parenchyma. Seventy-six of these nodules were diagnosed as lung cancers by pathological examination, whereas the remaining 62 were diagnosed as nonmalignant lesions. Demographics of these patients, stratified by diagnosis, are shown in Supplementary Table 13. Diagnosis of patients with nonmalignant nodules included chronic obstructive pulmonary disease, emphysema, inflammatory disease, granulomatous lesions, or hamartomas.

The predicted probabilities of the classifier, calculated from the plasma levels of C4c, CYFRA 21-1, and CRP as indicated above, were compared with the final diagnosis, and a ROC curve was constructed (Fig 5A). The area under the curve was 0.86 (95% CI = 0.80–0.92). The diagnostic performance of the model is summarized in Table 3. The model showed high specificity (92%), suggesting its utility to rule in the disease. Associations between the predicted probabilities and characteristics of patients and lesions are shown in Supplementary Table 13. No association was found between the probability scores and sex, age, smoking history, histology or stage (although there was a tendency towards higher scores in extensive SCLC as compared with limited disease). Interestingly, larger nodules were significantly associated with higher malignancy probability scores in patients with malignant nodules ($P < 0.001$), but not in individuals with benign lesions ($P = 0.972$). A high malignancy score was also significantly associated with worse prognosis ($P < 0.001$; Supplementary Fig 4).

At present, the management of a patient with a CT-detected IPN is mainly guided by the size of the lesion. Nodules lower than 5 mm in diameter generally require no further assessment, whereas if the nodule is 15 mm or larger, this is highly suggestive of malignancy and a biopsy is recommended. Less consensus exists about the action required for intermediate-sized lesions (which may include a follow-up CT, PET scan, bronchoscopy or biopsy sampling). We speculated that the

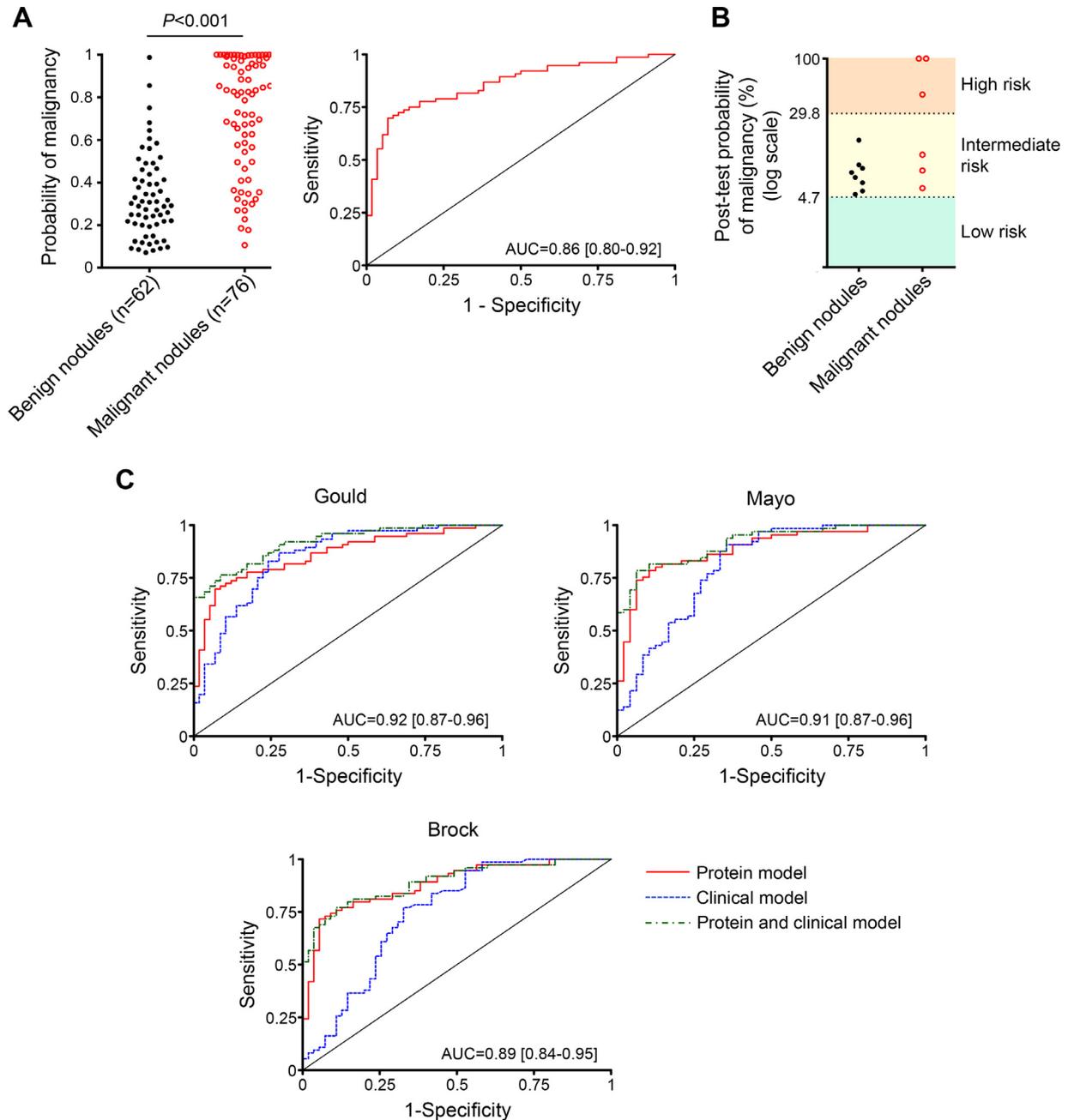


Fig 5. Performance of the protein model in the diagnosis of patients with indeterminate pulmonary nodules. A) Malignancy probability scores calculated by the regression model generated from the quantification of C4c, CYFRA 21-1, and CRP in plasma samples from individuals with benign and malignant pulmonary nodules ($n = 62$ and $n = 76$, respectively). The P value was determined using the 2-sided Mann-Whitney U test. The ROC curve and AUC obtained from these probabilities is also shown. B) Post-test probabilities of malignancy of individuals with intermediate-risk pulmonary nodules (9–15 mm in diameter) after the application of the diagnostic model. Pre-test probability was established as 4.7% based on reported data from more than 20,000 CT-screened individuals.²⁴ In three patients, post-test probabilities were higher than the 29.8% prevalence of lung cancer reported for individuals with nodules higher than 15 mm. C) ROC curves for the performance of the three-protein model, alone or in combination with the Gould, Mayo, or Brock clinical classifiers in patients with benign and malignant pulmonary nodules (58 and 76 patients, respectively, for the Gould model; 48 and 65 patients, respectively, for the Mayo model; and 55 and 74 patients, respectively, for the Brock model). The AUCs of the combined models are shown.

Table 4. Pre-test and post-test probabilities of malignancy after applying the diagnostic model to Vanderbilt’s patients with an intermediate risk of malignancy based on nodule size (9–15 mm)

Patient	Sex	Smoking status	Nodule size (mm)	Cancer histology	Pretest probability	Post-test probability
13	Female	Former	11	ADC	4.7%	100%
14	Male	Current	11	SCLC	4.7%	100%
16	Male	Former	12.5	SCC	4.7%	5.7%
19	Female	Former	13.5	SCLC	4.7%	12%
21	Female	Former	14	ADC	4.7%	45.2%
25	Male	Former	14.5	ADC	4.7%	8.5%

application of our highly specific diagnostic model might increase the probability of malignancy in intermediate-sized IPNs to the next actionable level. To test this hypothesis, patients with intermediate-risk nodules (9–15 mm in diameter) were selected from the Vanderbilt cohort, and their probability of malignancy was determined before and after the application of our diagnostic model (pretest and post-test probabilities, respectively). Four individuals of the benign group and six individuals of the malignant group had intermediate-risk nodules. The prevalence of lung cancer in CT-screened individuals with nodules ranging from 9 to 15 mm has been previously reported as 4.7%.²⁴ Therefore, we used this value as the pre-test probability of malignancy for the intermediate risk nodules. Post-test probability of malignancy in each individual was derived from the pretest probability and the positive likelihood ratio calculated by the three-protein model. Post-test probabilities of malignancy markedly increased in 3 out of the 6 cancer patients with intermediate-risk nodules (Fig 5B). Interestingly, in those three patients, the post-test probability was higher than 29.8%, the probability of malignancy (prevalence) reported for individuals with nodules higher than 15 mm.²⁴ Therefore, in half of the intermediate-risk patients, the application of our diagnostic model resulted in their re-classification as patients in the high-risk group, which may require a more aggressive follow-up (Table 4). The probabilities of malignancy in the benign group were not substantially modified (Fig 5B). Although limited by the number of cases, this analysis suggests that patients with intermediate-risk indeterminate pulmonary nodules may be reclassified as patients with high-risk nodules who may require a more aggressive work-up.

Finally, we assessed the capacity of our diagnostic classifier to improve the prediction of malignancy in patients with IPNs upon the accuracy provided by clinical factors. We compared our protein model with 3 different clinical models: the Gould model,^{25,26} based on age, smoking history, nodule diameter and time since quitting smoking, the Mayo model,²⁷ based on age, smoking history, previous extrathoracic cancer and

nodule diameter and spiculation, and the parsimonious version of the Brock model,²⁸ based on sex and nodule size, location, and spiculation. The available clinical information and the selection criteria for the models allowed us to apply the Gould model to 134 patients of the Vanderbilt series (58 benign cases and all 76 malignant cases), the Mayo model to 113 patients (48 benign cases and 65 malignant cases), and the Brock model to 129 patients (55 benign cases and 74 malignant cases). The predictive probability scores of the clinical models generated ROC curves with an AUC of 0.85 (95% CI=0.78–0.92) for the Gould model, 0.81 (95% CI=0.73–0.89) for the Mayo model, and 0.75 (95% CI=0.65–0.84) for the Brock model. No statistical differences were observed between the AUCs generated by the protein model and those generated by the Gould or the Mayo models ($P=0.793$ and $P=0.111$, respectively), whereas the protein model performed significantly better than the Brock model ($P=0.008$). Interestingly, as shown in Fig 5C, the models obtained by the combination of our protein model with any of the three clinical models performed significantly better as predictors of malignancy than any of the clinical models alone ($P=0.006$ vs the Gould model, $P=0.014$ vs the Mayo model, and $P=0.002$ vs the Brock model). The diagnostic performances of the three clinical models, alone or in combination with the protein model, are summarized in Supplementary Table 14. The combination of the protein and clinical models showed a remarkably high specificity and positive predictive value. From these analyses, we conclude that the proposed diagnostic signature can be combined with models based on clinical features to identify more accurately pulmonary nodules with high risk of malignancy.

DISCUSSION

We describe here the development of a diagnostic model based on the plasma quantification of the complement fragment C4c and 2 cancer-associated proteins, CYFRA 21-1, and CRP. The model identified those asymptomatic individuals enrolled in a CT-

screening trial with higher risk of having lung cancer, and served to discriminate between benign and malignant pulmonary nodules.

Moving lung cancer diagnostic molecular markers from discovery to clinical application has proved to be challenging.¹² Some prospective clinical trials have shown promising results in the assessment of indeterminate pulmonary nodules (IPNs). The PANOPTIC study evaluated the use of a protein classifier to identify benign lung nodules in patients with a pretest probability of cancer lower than 50%.²⁹ This classifier is based on the quantification of 2 plasma proteins, LG3BP and C163A (normalization protein) in combination with 5 clinical factors. On the other hand, in the AEGIS 1/2 trials, a 23-gene classifier based on gene expression changes in bronchial airway epithelium was able to show an improvement of the diagnostic performance of bronchoscopy among patients with intermediate-risk nodules.³⁰ In these patients pretest probabilities as high as 60% gave posttest probabilities lower than 10%. Both classifiers achieved high sensitivity and negative predictive value in distinguishing benign from malignant nodules, suggesting that, if used in clinical practice, unnecessary invasive procedures could be reduced. On the other hand, the specificities and positive predictive values of these classifiers were modest and not suitable to "rule in" a diagnosis of cancer. In the context of lung cancer screening, where disease prevalence is low, a test with high specific and positive predictive value may be of greater clinical utility to recommend for a closer follow-up or even for an invasive procedure. The diagnostic model that we have developed has high specificity and positive predictive value across different cohorts of lung cancer patients and high-risk individuals, which may help in the diagnostic management of lung cancer patients.

Our model is defined by the combination of complement C4c with 2 other protein markers, CYFRA 21-1 and CRP. Previous studies have demonstrated that complement C4-derived fragments are significantly elevated in biological fluids from lung cancer patients, and may be of use for diagnosis or prognosis.^{14,15,19} C4-derived fragments are generated from C4 upon activation of the classical pathway of the complement system, a central humoral component of innate immunity. C4 is cleaved into C4b, which binds to the target cell, and C4a, a soluble factor. Surface-bound C4b can be subsequently proteolyzed and inactivated by factor I into the final breakdown products C4d and C4c.¹⁸ Unlike C4d, the diagnostic performance of C4c had not been evaluated yet. In the present study, we show the high specificity and positive predictive value of C4c testing. Even more, the diagnostic performance of C4c was enhanced by the concurrent determination of the

two tumor markers CYFRA 21-1 and CRP, resulting in a multivariate diagnostic model with a remarkable capacity to discriminate between plasma samples from controls and lung cancer patients (specificity ranging from 84 to 95).

CYFRA 21-1 is a circulating cytokeratin-19 fragment that shows a high diagnostic capacity for the detection of NSCLC.³¹⁻³³ High circulating levels of this marker have also been associated with unfavorable prognosis.^{34,35} On the other hand, CRP is a systemic marker of chronic inflammation. CRP levels have been associated with cancer incident and survival.³⁶ Cancer-free individuals with high levels of CRP show a significantly higher risk of developing lung cancer.^{37,38} Elevated blood levels of CRP have also been associated with poor survival in lung cancer patients.³⁹ Patients with either NSCLC or SCLC showed higher levels of CRP in circulation than patients with a variety of inflammatory benign lung diseases.⁴⁰ Nevertheless, the diagnostic capacity of CRP is controversial, possible due to its broad association with inflammation, which limits its use as a stand-alone diagnostic biomarker.

Our model has several strengths. By combining the plasma levels of three proteins into a single score, the model performs better than each marker alone. The model is simple, has been validated in independent series, shows high specificity, performs similarly well across a range of tumor sizes, types and stages, and has been successfully tested in 2 clinically relevant contexts: assessment of lung cancer risk and nodule malignancy probability.

Annual CT screening is recommended for individuals at highest risk for developing lung cancer based on the NLST criteria of age and smoking pack-years. However, 60%–70% of lung cancer cases in U.S. or Canada occur in individuals who fall outside of the NLST criteria.^{41,42} The predicted lung cancer risk obtained with our model was independent of age and tobacco exposure, showing similar risk probabilities in patients who did or did not meet NLST selection criteria. A blood-based 4-protein risk prediction model, which included CYFRA 21-1, was recently integrated with a smoking-based model to refine screening eligibility beyond NLST criteria.⁴³ In pre-diagnostic samples from lung cancer patients and matched controls, this predictive model yielded a sensitivity of 42% and a specificity of 95%, performing better than the smoking model alone.⁴³ Our protein model performed similarly when tested in patients enrolled in a CT-screening program. The integration of our model with any of the several models that use clinical and imaging features⁴⁴ may result in an improved method to identify those individuals who will benefit from CT screening.

The vast majority of IPNs, detected either incidentally or in the context of CT-screening protocols, are ultimately benign.⁴⁵ Current predictive tools to discriminate benign from malignant nodules are suboptimal, and the development of novel approaches able to discriminate benign versus malignant IPNs is an unmet clinical need.¹¹ More particularly, individuals with an intermediate pretest probability pose a diagnostic challenge. A variety of models have been proposed to assess the risk of cancer in patients with IPNs.^{46–50} A serum proteomic signature distinguished subjects with lung cancer from matched controls with an overall accuracy of 73%, a sensitivity of 58% and a specificity of 86%.⁴⁶ The application of this proteomic signature to two cohorts of patients and controls with lung nodules resulted in an AUC of 0.64.⁴⁷ Recently, the diagnostic performance of a radiomic model based on eight imaging features has been validated using a dataset of incidentally identified lung nodules, showing a sensitivity of 92%, a specificity of 62%, a positive predictive value of 74%, and a negative predictive value of 87%.⁵⁰ The performance of our model in individuals presenting with lung nodules is comparable to the performance of these models, standing out by its high positive predictive value. Based on this feature, our plasma protein model was useful in reclassifying patients with indeterminate-risk nodules into patients with high-risk nodules, without affecting the classification of benign nodules. Although this result should be evaluated with caution, due to the limited number of cases studied, it suggests that a high probability score may be a criterion to recommend for a more active surveillance or evaluation in the subgroup of patients classified as having intermediate-risk nodules. Our results also suggest that the integration of our model with other predictors, such as radiological or clinical features, may result in an even more accurate diagnostic model.

We acknowledge some limitations to this study. The model was derived from a limited selection of circulating proteins. Other complement- and cancer-related markers could also be useful for the model. All analyses were conducted using retrospective samples. Some analyses, such as the reclassification of intermediate-risk IPNs, were carried out with a limited number of cases. Prospective studies with a larger number of intended-use samples are required for validation. Further standardization and calibration of the analytical tests is also necessary, especially for the C4c assay. The need of a proper standardization is reflected in the diverse probabilities found in the controls from the different cohorts studied. Stratified analyses of the performance of the model in association with variables such as smoking status, histology subtype, stage or the presence of inflammatory conditions related to classical complement activation are also warranted.

In conclusion, we have built and validated a multivariate logistic regression model, based on the quantification of C4c, CYFRA 21-1 and CRP. This model has high specificity and positive predictive value, which may be of clinical use to refine risk prior to screening or to help in the identification of those patients with IPNs who require closer examination.

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All authors have read the journal’s authorship agreement and the manuscript has been reviewed by and approved by all named authors.

SUPPLEMENTARY MATERIALS

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